





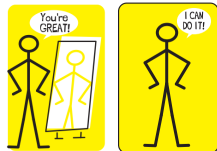





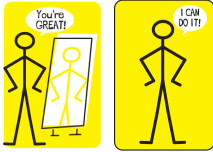












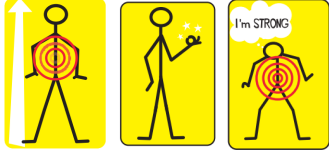











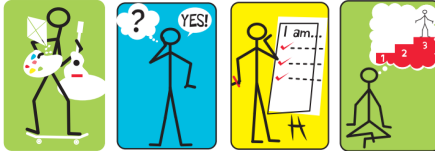


# Subject Overview: PSHE & Personal Development



	Me and My Relationships Feelings - Cooperation - Bullying	Valuing Difference Differences - Tolerance - Stereotype	Keeping Safe Managing Risk - Influences	Rights and Respect Caring For - Responsibility - Money	Being My Best Keeping Healthy - Aspirations	Growing and Changing Change - Bodies - Self-Esteem
Year R	<b>ELG: Self-Regulation</b> Children at the expected level of development will: - Show an understanding of their own feelings and those of others, and begin to regulate their behaviour accordingly; - Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate; - Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions.					
	<b>ELG: Managing Self</b> Children at the expected level of development will: - Be confident to try new activities and show independence, resilience and perseverance in the face of challenge; - Explain the reasons for rules, know right from wrong and try to behave accordingly; - Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices.					
	<b>ELG: Building Relationships</b> Children at the expected level of development will: - Work and play cooperatively and take turns with others; - Form positive attachments to adults and friendships with peers; - Show sensitivity to their own and to others' needs.					
	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• My Interests and My Family</li><li>• What Makes Me Special</li><li>• Special People in My Life</li><li>• People Who Can Help Me</li><li>• My Feelings and Emotions</li><li>• My Feelings and How to Respond</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Comparing Likes and Dislikes</li><li>• Similarities and Differences</li><li>• Similar and Different Families</li><li>• Similar and Different Homes</li><li>• Being Kind and Caring</li><li>• Building Relationships</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Keeping My Body Safe</li><li>• Medicines</li><li>• Safe Indoors and Outdoors</li><li>• Listening to My Feelings</li><li>• Keeping Safe Online</li><li>• People Who Help Keep Me Safe</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• Looking After Special People</li><li>• Looking After My Friends</li><li>• Looking After Home / Classroom</li><li>• Looking After Our World</li><li>• Looking After Money (1)</li><li>• Looking After Money (2)</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• Bouncing Back</li><li>• Growth Mindset</li><li>• Healthy Eating (1)</li><li>• Healthy Eating (2)</li><li>• Exercise</li><li>• Sleep</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Seasons</li><li>• Life Stages</li><li>• Growing Up</li><li>• Where Babies Come From</li><li>• Babies, Children and Adults</li><li>• Girls and Boys Bodies</li></ul>
	<b>Trick Box</b>  Mirror Mirror	<b>Trick Box</b>  Stand Tall	<b>Trick Box</b>  Breathing Colour	<b>Trick Box</b>  Floating Cloud	<b>Trick Box</b>  Win-Win	<b>Trick Box</b>  Free Flow
	<b>Forest School</b>					
Year 1	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• Classroom Rules</li><li>• Listening</li><li>• Feelings - Reactions</li><li>• Feelings - Responses</li><li>• Dealing With Hurt</li><li>• Good Friends</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Similarities and Differences</li><li>• Unkindness, Teasing and Bullying</li><li>• School Rules</li><li>• Fair and Unfair</li><li>• Special People (1)</li><li>• Special People (2)</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Sleep</li><li>• People Who Can Help</li><li>• Good and Bad Touch</li><li>• Sharing Pictures Online</li><li>• Medicines</li><li>• Loss</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• Impact of Behaviour on Others</li><li>• Our School</li><li>• Taking Care of Something</li><li>• Money</li><li>• Looking After Money</li><li>• First Aid</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• Healthy Eating - Fruit and Veg</li><li>• Healthy Eating - Eatwell Guide</li><li>• Personal Hygiene</li><li>• Diseases and Infection</li><li>• Learning New Things</li><li>• Positive Feedback</li><li>• Internal Body Parts</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Food, Exercise, Sleep</li><li>• Toddler vs. Now</li><li>• Taking Care of a Baby</li><li>• Teasing and Bullying</li><li>• Surprises and Secrets</li><li>• Private Body Parts</li></ul>
	<b>Trick Box</b>  Mirror Mirror & Big Voice	<b>Trick Box</b>  Stand Tall	<b>Trick Box</b>  Breathing Colour & Sunny Side	<b>Trick Box</b>  Floating Cloud	<b>Trick Box</b>  Win-Win & Light Bulb	<b>Trick Box</b>  Free Flow
	<b>Forest School</b>					

Year 2	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• Contributing to Our Classroom</li><li>• Courtesy and Manners</li><li>• Describing Feelings</li><li>• Responding to Feelings</li><li>• Good Friends</li><li>• Bullying</li><li>• Responding to Bullying</li><li>• Bullying or Teasing?</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Similarities and Differences</li><li>• My Special People</li><li>• Behaviour Impacting Others</li><li>• Feeling Left Out</li><li>• Kindness</li><li>• Solving Problems</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Medicines</li><li>• Safe/Unsafe Situations</li><li>• Keeping Safe</li><li>• Recognising Bad Touch</li><li>• Responding to Bad Touch</li><li>• Safe and Unsafe Secrets</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• Getting On With Others</li><li>• Responding to Impulsive Behaviour</li><li>• Feeling Safe</li><li>• Playing Games Online</li><li>• Saving Money</li><li>• Spending Money</li><li>• Looking After Our Environment</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• The Learning Process</li><li>• Healthy and Unhealthy Choices</li><li>• Germs and Vaccinations</li><li>• Dental Hygiene</li><li>• Body Functions</li><li>• What a Body Needs</li><li>• First Aid</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Positive Feedback</li><li>• Loss</li><li>• How People Grow</li><li>• Similar and Different Body Parts</li><li>• Privacy</li><li>• Unsafe Secrets</li></ul>
	<b>Trick Box</b>  Mirror Mirror & Big Voice	<b>Trick Box</b>  Stand Tall & Magic Circle	<b>Trick Box</b>  Breathing Colour & Sunny Side	<b>Trick Box</b>  Floating Cloud & Big No	<b>Trick Box</b>  Win-Win & Light Bulb	<b>Trick Box</b>  Free Flow & Big Yes
	Forest School					
Year 3	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• Rules</li><li>• Maintaining Positive Relationships</li><li>• Solving Problems</li><li>• Collaborating</li><li>• Friendship</li><li>• Opinions</li><li>• Dares</li><li>• Loss</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Challenging Respectfully</li><li>• Different Types of Family</li><li>• Community</li><li>• Diverse Backgrounds</li><li>• Celebrating Differences</li><li>• Bullying and Prejudice</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Safe/Unsafe Situations</li><li>• Danger and Risk</li><li>• Managing Risk</li><li>• Browsing Online</li><li>• Medicines</li><li>• Alcohol and Cigarettes</li><li>• Decision-Making</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• Helping Each Other Keep Safe</li><li>• Facts and Opinions</li><li>• Volunteers</li><li>• Income, Saving and Spending</li><li>• Earning Money</li><li>• Looking After Our Environment</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• A Balanced Diet</li><li>• Infection and Hygiene</li><li>• Internal Body Parts</li><li>• Debating Effectively</li><li>• Identifying Achievements</li><li>• Recognising Talents</li><li>• Nerves</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Positive Relationships</li><li>• Body Space</li><li>• Keeping Things Private</li><li>• Secrets / Surprises</li><li>• My Changing Body</li><li>• First Aid</li></ul>
	<b>Trick Box</b>  Mirror Mirror & Big Voice & Stand As If	<b>Trick Box</b>  Stand Tall & Magic Circle	<b>Trick Box</b>  Breathing Colour & Sunny Side & Signal Change	<b>Trick Box</b>  Floating Cloud & Big No	<b>Trick Box</b>  Win-Win & Light Bulb & Ask How	<b>Trick Box</b>  Free Flow & Big Yes
	Forest School					
Year 4	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• Collaboration</li><li>• Positive Relationships</li><li>• Saying 'No' to Friends</li><li>• Good/Not Good Feelings</li><li>• Recognising Feelings</li><li>• Changing Feelings</li><li>• Pressure From Others</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Negotiation and Compromise</li><li>• Dealing With Aggression</li><li>• Different Characteristics</li><li>• Stereotypes</li><li>• Types of Relationship</li><li>• Body Space</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Danger, Risk and Hazard</li><li>• Dares</li><li>• Managing Risk</li><li>• Being Influenced by Others</li><li>• Pictures Online</li><li>• Medicines / Drugs</li><li>• Smoking and Alcohol</li><li>• Keeping Safe Online</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• People Who Keep Us Safe</li><li>• Respecting Rights</li><li>• Contributing to Decisions</li><li>• Influence</li><li>• Bystanders</li><li>• Income and Expenditure</li><li>• Taxes</li><li>• Environmental Organisations</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• Being Unique</li><li>• Making Choices</li><li>• Looking After Our Bodies</li><li>• Caring for Our Environment</li><li>• Community</li><li>• First Aid</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Managing Change</li><li>• Feelings / Falling Out</li><li>• Puberty</li><li>• Periods</li><li>• Safe and Unsafe Secrets</li><li>• Marriage</li></ul>
	<b>Trick Box</b>  Mirror Mirror & Big Voice & Stand As If	<b>Trick Box</b>  Stand Tall & Magic Circle & Super States	<b>Trick Box</b>  Breathing Colour & Sunny Side & Signal Change	<b>Trick Box</b>  Floating Cloud & Big No & Break Through	<b>Trick Box</b>  Win-Win & Light Bulb & Ask How	<b>Trick Box</b>  Free Flow & Big Yes & Brilliant Beliefs
	Forest School					

Year 5	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• Collaboration</li><li>• Negotiation and Compromise</li><li>• Online Communication</li><li>• Friendship</li><li>• Unhealthy Relationships</li><li>• Emotional Needs</li><li>• Assertiveness</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Friendships</li><li>• Listen and Respond Respectfully</li><li>• Respecting Others</li><li>• Diverse Society</li><li>• Truth Online</li><li>• Stereotypes and Gender</li><li>• Impact of Behaviour</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Bullying</li><li>• Sharing Information Online</li><li>• Risky Situations</li><li>• Dares</li><li>• Risk Factors</li><li>• Outcomes of Risk</li><li>• Habits</li><li>• Drugs</li><li>• Smoking</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• Health and Wellbeing</li><li>• Facts and Opinions</li><li>• Voluntary and Community Groups</li><li>• Rights, Respect and Duties</li><li>• Spending Wisely</li><li>• Borrowing Money</li><li>• Local Councils</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• Body Systems</li><li>• Strengths &amp; Areas for Improvement</li><li>• Community</li><li>• People Who Keep Us Safe</li><li>• ‘Star’ Qualities</li><li>• First Aid</li><li>• Keeping Our Bodies Healthy</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Recognising Feelings</li><li>• Managing Difficult Feelings</li><li>• Safe and Unsafe Secrets</li><li>• Puberty (1)</li><li>• Puberty (2)</li><li>• Dealing With Emotions</li><li>• Separation</li></ul>
	<b>Trick Box</b>  <p>Mirror Mirror &amp; Big Voice &amp; Stand As If &amp; Super Stretch</p>	<b>Trick Box</b>  <p>Stand Tall &amp; Magic Circle &amp; Super States</p>	<b>Trick Box</b>  <p>Breathing Colour &amp; Sunny Side &amp; Signal Change &amp; Calm Thumb</p>	<b>Trick Box</b>  <p>Floating Cloud &amp; Big No &amp; Break Through</p>	<b>Trick Box</b>  <p>Win-Win &amp; Light Bulb &amp; Ask How &amp; Marvellous Me</p>	<b>Trick Box</b>  <p>Free Flow &amp; Big Yes &amp; Brilliant Beliefs</p>
	Forest School					
Year 6	<b>SCARF: Me and My Relationships</b> <ul style="list-style-type: none"><li>• Collaboration</li><li>• Negotiation and Compromise</li><li>• Solving Friendship Problems</li><li>• Reacting to Others</li><li>• Behaviour in Groups</li><li>• Peer Influence and Assertiveness</li><li>• Committing to Others</li><li>• Inappropriate Touch</li></ul>	<b>SCARF: Valuing Difference</b> <ul style="list-style-type: none"><li>• Bullying and Discrimination</li><li>• Recognising Similarities</li><li>• Respecting Differences</li><li>• Prejudice, Tolerance and Diversity</li><li>• Types of Relationship</li><li>• Gender Stereotypes</li></ul>	<b>SCARF: Keeping Safe</b> <ul style="list-style-type: none"><li>• Keeping Safe Online</li><li>• Keeping Information Safe Online</li><li>• Sharing Images Online</li><li>• Addiction</li><li>• Drugs (1)</li><li>• Drugs (2)</li><li>• Alcohol</li><li>• Emotional Needs (1)</li><li>• Emotional Needs (2)</li></ul>	<b>SCARF: Rights and Respect</b> <ul style="list-style-type: none"><li>• Media Bias</li><li>• Social Media</li><li>• Saving Money and Value</li><li>• Jobs and Taxes</li><li>• Environmental Sustainability</li><li>• Voluntary and Community Groups</li><li>• Responsibilities</li><li>• Democracy in Britain - Elections</li><li>• Democracy in Britain - Laws</li></ul>	<b>SCARF: Being My Best</b> <ul style="list-style-type: none"><li>• Aspirations and Goal Setting</li><li>• Health and Wellbeing</li><li>• Smoking and Alcohol</li><li>• Managing Risk</li><li>• First Aid</li><li>• Mental Health</li></ul>	<b>SCARF: Growing and Changing</b> <ul style="list-style-type: none"><li>• Qualities and Body Image</li><li>• Stereotypes</li><li>• Pressure Online</li><li>• Managing Change</li><li>• Puberty</li><li>• Making Babies</li></ul>
	<b>Trick Box</b>  <p>Mirror Mirror &amp; Big Voice &amp; Stand As If &amp; Super Stretch</p>	<b>Trick Box</b>  <p>Stand Tall &amp; Magic Circle &amp; Super States &amp; Different Sum</p>	<b>Trick Box</b>  <p>Breathing Colour &amp; Sunny Side &amp; Signal Change &amp; Calm Thumb</p>	<b>Trick Box</b>  <p>Floating Cloud &amp; Big No &amp; Break Through &amp; 1,2,3 Magic</p>	<b>Trick Box</b>  <p>Win-Win &amp; Light Bulb &amp; Ask How &amp; Marvellous Me</p>	<b>Trick Box</b>  <p>Free Flow &amp; Big Yes &amp; Brilliant Beliefs &amp; Great Goals</p>
	Forest School					