

environment.

The Priory Church of England Primary School

Subject Overview: PSHE







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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
ear R	Jigsaw: Being Me in My World Self-Identity Understanding Feelings Being in a Classroom Being Gentle Rights and Responsibilities	Jigsaw: Celebrating Difference Identifying Talents Being Special Families Where We Live Making Friends Standing Up for Yourself	Jigsaw: Dreams and Goals Challenges Perseverance Goal-Setting Overcoming Obstacles Seeking Help Jobs Achieving Goals	Jigsaw: Healthy Me Exercising Bodies Physical Activity Healthy Food Sleep Keeping Clean Safety	Jigsaw: Relationships Family Life Friendships Breaking Friendships Falling Out Dealing With Bullying Being a Good Friend	Jigsaw: Changing Me Bodies Respecting My Body Growing Up Growth and Change Fun and Fears Celebrations	
	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	
	Global Neighbours PSHE: Exploring rights and responsibilities for others.	Global Neighbours Geography: Exploring unfamiliar jungle environments to develop an understanding of the world. PSHE: Exploring and celebrating difference amongst individuals. RE: Exploring how different religious traditions celebrate special occasions.	Global Neighbours Geography: Exploring China to develop an understanding of the world. RE: Exploring different foods that are important in different cultures and traditions.	Global Neighbours	Global Neighbours Geography: Exploring and appreciating our immediate environment.	Global Neighbours Geography: Exploring water as a precious resource. RE: Exploring different clothes that are important in different cultures are traditions.	
ear 1	Jigsaw: Being Me in My World Feeling Special and Safe Being Part of a Class Rights and Responsibilities Rewards and Feeling Proud Consequences Owning the Learning Charter > I can explain why my class is a happy and safe place to learn. > I can give different examples where I or others make my class happy and safe.	Jigsaw: Celebrating Difference Similarities and Differences Understanding Bullying and Knowing How to Deal With It Making New Friends Celebrating the Differences in Everyone I can tell you some ways that I am different and similar to other people in my class, and why this makes us all special. I can explain what bullying is and how being bullied might make somebody feel.	Jigsaw: Dreams and Goals Setting Goals Identifying Successes and Achievements Learning Styles Working Well and Celebrating Achievement With a Partner Tackling New Challenges Identifying and Overcoming Obstacles Feelings of Success I can explain how I feel when I am successful and how this can be celebrated positively. I can say why my internal treasure chest is an important place to store positive feelings.	Jigsaw: Healthy Me Keeping Myself Healthy Healthier Lifestyle Choices Keeping Clean Being Safe Medicine Safety / Safety With Household Items Road Safety Linking Health and Happiness I can explain why I think my body is amazing and can identify a range of ways to keep it safe and healthy. I can give examples of when being healthy can help me feel happy.	Jigsaw: Relationships Belonging to a Family Making Friends / Being a Good Friend Physical Contact Preferences People Who Help Us Qualities as a Friend and Person Self-Acknowledgement Being a Good Friend to Myself Celebrating Special Relationships I can explain why I have special relationships with some people and how these relationships help me feel safe and good about myself. I can also explain how my qualities help these relationships. I can give examples of behaviour in other people that I appreciate and behaviours that I don't like.	Jigsaw: Changing Me Life Cycles - Animal and Human Changes In Me Changes Since Being a Baby Differences Between Female and Male Bodies Linking Growing and Learning Coping With Change Transition I can compare how I am now to when I was a baby and explain some of the changes that will happen to me as I get older. I can use the correct names for penis, testicles, anus, vagina, vulva, and give reasons why they are private I can explain why some changes I might experience might feel bette than others.	
	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	
	Global Neighbours PSHE: Exploring rights and responsibilities for others. Science: Exploring and learning to appreciate the changing local environment.	Global Neighbours PSHE: Exploring and celebrating difference amongst individuals.	Global Neighbours Art & Design: Exploring and appreciating materials sourced in the natural world. RE: Exploring how people in different cultural and traditional groups feel that they belong.	Global Neighbours Science: Exploring the diversity of living animals on the planet.	Global Neighbours Geography: Exploring world locations.	Global Neighbours RE: Exploring different buildings that are important in different cultures and traditions. Science Exploring the diversity of living plants on the planet.	

they belong.

Year 2	Jigsaw: Being Me in My World Hopes and Fears for the Year Rights and Responsibilities Rewards and Consequences Safe and Fair Learning Environment Valuing Contributions Choices Recognising Feelings I can explain why my behaviour can impact on other people in my class. I can compare my own and my friends' choices and can express why some choices are better than others.	Jigsaw: Celebrating Difference Assumptions and Stereotypes About Gender Understanding Bullying Standing Up for Self and Others Making New Friends Gender Diversity Celebrating Difference and Remaining Friends I can explain that sometimes people get bullied because they are seen to be different; this might include people who do not conform to gender stereotypes. I can explain how it feels to have a friend and be a friend. I can also explain why it is OK to be different from my friends.	Jigsaw: Dreams and Goals Achieving Realistic Goals Perseverance Learning Strengths Learning With Others Group Cooperation Contributing To and Sharing Success I can explain how I played my part in a group and the parts other people played to create an end product. I can explain how our skills complemented each other. I can explain how it felt to be part of a group and can identify a range of feelings about group work.	Jigsaw: Healthy Me Motivation Healthier Choices Relaxation Healthy Eating and Nutrition Healthier Snacks and Sharing Food I can explain why foods and medicines can be good for my body comparing my ideas with less healthy/ unsafe choices. I can compare my own and my friends' choices and can express how it feels to make healthy and safe choices.	Jigsaw: Relationships Different Types of Family Physical Contact Boundaries Friendship and Conflict Secrets Trust and Appreciation Expressing Appreciation for Special Relationships I can explain why some things might make me feel uncomfortable in a relationship and compare this with relationships that make me feel safe and special. I can give examples of some different problem-solving techniques and explain how I might use them in certain situations in my relationships.	 Jigsaw: Changing Me Life Cycles in Nature Growing From Young To Old Increasing Independence Differences In Female and Male Bodies Assertiveness Preparing For Transition ➤ I can use the correct terms to describe penis, testicles, anus, vagina, vulva and explain why they are private. I can explain why some types of touches feel OK and others don't. ➤ I can tell you what I like and don't like about being a boy/ girl and getting older, and recognise that other people might feel differently to me.
	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak
	Global Neighbours Geography: Exploring how the weather can impact our lives. PSHE: Exploring rights and responsibilities for others. RE: Exploring different clothes that are important in different cultures and traditions.	Global Neighbours PSHE: Exploring and celebrating difference amongst individuals.	Global Neighbours Geography: Exploring different hot and cold locations to develop understanding of the world.	Global Neighbours RE: Exploring different stories that are important in different cultures and traditions. Science: Exploring the diversity of living things, the needs they have, and the variety of habitats in which they live.	Global Neighbours Art & Design: Exploring African landscapes and the artistic works of African artists.	Global Neighbours Geography: Exploring how life is similar and/or different in other parts of the world (Africa). RE: Exploring different books that are important in different cultures and traditions.

Year 3	Jigsaw: Being Me in My World Setting Personal Goals Self-Identity and Worth Positivity in Challenges Rules, Rights and Responsibilities Rewards and Consequences Responsible Choices Seeing Things from Others' Perspectives I can explain how my behaviour can affect how others feel and behave. I can explain why it is important to have rules and how that helps me and others in my class learn. I can explain why it is important to feel valued.	Jigsaw: Celebrating Difference Families and Their Differences Family Conflict and How to Manage It Witnessing Bullying and How to Solve It Recognising How Words Can be Hurtful Giving and Receiving Compliments I can describe different conflicts that might happen in family or friendship groups and how words can be used in hurtful or kind ways when conflicts happen. I can tell you how being involved with a conflict makes me feel and can offer strategies to help the situation. e.g. Solve It Together or asking for help.	Jigsaw: Dreams and Goals Difficult Challenges and Achieving Success Dreams and Ambitions New Challenges Motivation and Enthusiasm Recognising and Trying to Overcome Obstacles Evaluating Learning Processes Managing Feelings Simple Budgeting I can explain the different ways that help me learn and what I need to do to improve. I am confident and positive when I share my success with others. I can explain how these feelings can be stored in my internal treasure chest and why this is important.	Jigsaw: Healthy Me Exercise Fitness Challenges Food Labelling and Healthy Swaps Attitudes Towards Drugs Keeping Safe and Why It's Important Online and Offline Respect for Myself and Others Healthy and Safe Choices I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe and healthy including who to go to for help. I can express how being anxious/scared and unwell feels.	Jigsaw: Relationships Family Roles and Responsibilities Friendship and Negotiation Keeping Safe Online and Who To Go To For Help Being a Global Citizen Being Aware of How My Choices Affect Others Awareness of How Other Children Have Different Lives Expressing Appreciation for Family and Friends I can explain how my life is influenced positively by people I know and also by people from other countries. I can explain why my choices might affect my family, friendships and people around the world who I don't know.	Jigsaw: Changing Me How Babies Grow Understanding a Baby's Needs Family Stereotypes Challenging My Ideas Preparing For Transition I can explain how boys' and girls' bodies change on the inside/outside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up. I recognise how I feel about these changes happening to me and can suggest some ideas to cope with these feelings.
	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak
	Global Neighbours PSHE: Exploring rights and responsibilities for others. RE: Exploring different symbols that are important in different cultures and traditions.	Global Neighbours Geography: Exploring how life is similar and/or different in other parts of the world (Europe). PSHE: Exploring and celebrating difference amongst individuals.	Global Neighbours History: Exploring civilisations and cultures from different world locations.	Global Neighbours Geography: Exploring the impact that natural disasters can have. Science: Exploring the diversity of living things, the needs they have, and the variety of habitats in which they live.	Global Neighbours	Global Neighbours Geography: Exploring what climate change is, what we mean by sustainability, and actions that can be taken individually and collectively to respond to these.

Jigsaw: Being Me in	n My World	Jigsaw: Celebrating Difference	Jigsaw: Dreams and Goals	Jigsaw: Healthy Me	Jigsaw: Relationships	Jigsaw: Changing Me
Being Part of a Cl	-	Challenging Assumptions	Hopes and Dreams	Healthier Friendships	• Jealousy	Being Unique
Being a School Ci		Judging by Appearance	Overcoming Disappointment	Group Dynamics	• Love and Loss	Outside Body Changes
Rights, Responsible		Accepting Self and Others	Creating New, Realistic Dreams	• Smoking	Memories of Loved Ones	Inside Body Changes
	Julies and	_	1	Alcohol	I	Girls and Puberty
DemocracyRewards and Cor	accauchece.	Understanding InfluencesUnderstanding Bullying	Achieving GoalsWorking in a Group	Assertiveness	Getting On and Falling OutGirlfriends and Boyfriends	Confidence in Change
	·			l .	•	_
Group Decision-N	riaking	Problem-Solving	Celebrating Contributions	Peer Pressure Cold by the street of	Showing Appreciation to People	Accepting Change
Having a Voice		Identifying How Special and Unique	Resilience	Celebrating Inner Strength	and Animals	Preparing For Transition
What Motivates 8	Behaviour	Everyone Is	Positive Attitudes	l ,		Environmental Change
	1 1 1 1 1 1 1 1 1 1	• First Impressions		> I can recognise when people are	> I can recognise how people are	
> I can explain why	-		> I can plan and set new goals even	putting me under pressure and can	feeling when they miss a special	> I can summarise the changes that
	thers is important	> I can tell you a time when my first	after a disappointment.	explain ways to resist this when I	person or animal.	happen to boys' and girls' bodies
in my school com	·	impression of someone changed as I	> I can explain what it means to be	want to.	> I can give ways that might help me	that prepare them for making a
> I can explain why	-	got to know them.	resilient and to have a positive	> I can identify feelings of anxiety and	manage my feelings when missing a	baby when they are older.
is important and	·	> I can also explain why bullying	attitude	fear associated with peer pressure.	special person or animal.	> I can explain some of the choices I
others feel valued	d.	might be difficult to spot and what				might make in the future and some
		to do about it if I'm not sure.				of the choices that I have no control
A		≻I can explain why it is good to				over. I can offer some suggestions
		accept myself and others for who				about how I might manage my
		we are				feelings when changes happen.
Stormbreak		Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak
Global Neighbours		Global Neighbours	Global Neighbours	Global Neighbours	Global Neighbours	Global Neighbours
Geography: Explori	ng how life is	History: Exploring how political	Geography: Exploring what migrants,	Science: Exploring how environments	History: Exploring how migration can	RE: Exploring different events that are
similar and/or differ	ent in other parts	systems can be organised differently.	refugees and asylum seekers are, and	and habitats change, and the impact	impact society.	important in different cultures and
of the world.			the different experiences they have.	this can have.		traditions.
		PSHE: Exploring and celebrating			Music: Exploring how music can	
PSHE: Exploring rig	hts and	difference amongst individuals.	Reading: Exploring a range of texts	Writing: Writing persuasively around	communicate political messages.	Reading: Exploring texts related to
responsibilities for o	others.		around issues related to migration and	aspects of pollution and the		diverse celebrations and events
		RE: Exploring how people in different	the treatment of migrants.	environment.	Writing: Writing poetry inspired by	around the world.
Science: Exploring t	the interconnection	cultural and traditional groups feel			global issues such as racism.	
of ecosystems.		that they belong.				
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Year 5	Jigsaw: Being Me in My World Planning the Forthcoming Year Being a Citizen Rights and Responsibilities Rewards and Consequences How Behaviour Affects Groups Democracy, Having a Voice and Participating I can compare my life with other people in my country and explain why we have rules, rights and responsibilities to try and make the school and the wider community a fair place. I can explain how the actions of one person can affect another and can give examples of this from school and a wider community context.	Jigsaw: Celebrating Difference Cultural Differences and How They Can Cause Conflict Racism Rumours and Name-Calling Types of Bullying Material Wealth and Happiness Enjoying and Respecting Other Cultures I can explain the differences between direct and indirect types of bullying and can offer a range of strategies to help myself and others if we become involved (directly or indirectly) in a bullying situation. I can explain why racism and other forms of discrimination are unkind. I can express how I feel about discriminatory behaviour.	Jigsaw: Dreams and Goals Future Dreams The Importance of Money Jobs and Careers Dream Job and How to Get There Goals in Different Cultures Supporting Others (Charity) Motivation I can compare my hopes and dreams with those of young people from different cultures. I can reflect on the hopes and dreams of young people from another culture and explain how this makes me feel.	Jigsaw: Healthy Me Smoking, Including Vaping Alcohol Alcohol and Anti-Social Behaviour Emergency Aid Body Image Relationships with Food Healthy Choices Motivation and Behaviour I can explain different roles that food and substances can play in people's lives. I can also explain how people can develop eating problems (disorders) relating to body image pressures and how smoking and alcohol misuse is unhealthy. I can summarise different ways that I respect and value my body.	Jigsaw: Relationships Self-Recognition and Self-Worth Building Self-Esteem Safer Online Communities Rights and Responsibilities Online Online Gaming and Gambling Reducing Screen Time Dangers of Online Grooming SMARRT Internet Safety Rules I can compare different types of friendships and the feelings associated with them. I can also explain how to stay safe when using technology to communicate with my friends, including how to stand up for myself, negotiate and to resist peer pressure. I can apply strategies to manage my feelings and the pressures I may face to use technology in ways that may be risky or cause harm to myself or others.	Jigsaw: Changing Me • Having a Baby • Self and Body Image • Influence of Online and Media on Body Image • Puberty For Girls • Puberty For Boys • Conception • Growing Responsibility • Coping With Change • Preparing For Transition > I can explain how boys and girls change during puberty and why looking after myself physically and emotionally is important. I can also summarise the process of conception. > I can express how I feel about the changes that will happen to me during puberty. I accept these changes might happen at different times to my friends.
	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak
	Global Neighbours History: Exploring how to be critical consumers of information. PSHE: Exploring rights and responsibilities for others. RE: Exploring how people in different cultural and traditional groups feel that they belong.	Global Neighbours Geography: Exploring how life is similar and/or different in other parts of the world (North and South America). PSHE: Exploring and celebrating difference amongst individuals.	Global Neighbours	Global Neighbours RE: Exploring how different perspectives can be rooted in various religious and cultural traditions.	Global Neighbours Design & Technology: Exploring food in different cultural traditions and the origins and seasonality of food. Science: Exploring the diversity of living things, the needs they have, and the variety of habitats in which they live.	Global Neighbours Geography: Exploring rivers in the environment and considering how we can care for these environments. RE: Exploring different journeys that are important in different cultures and traditions.

Year 6	Jigsaw: Being Me in My World Identifying Goals for the Year Global Citizenship Children's Universal Rights Feeling Welcome and Valued Choices, Consequences and Rewards Group Dynamics Democracy and Having a Voice Anti-Social Behaviour Role-Modelling I can explain how my choices can have an impact on people in my immediate community and globally. I can empathise with others in my community and globally and explain how this can influence the choices I make.	Jigsaw: Celebrating Difference Perceptions of Normality Understanding Disability Power Struggles Understanding Bullying Inclusion/Exclusion Difference as Conflict, Difference as Celebration Empathy I can explain ways in which difference can be a source of conflict or a cause for celebration. I can show empathy with people in situations where their difference is a source of conflict or a cause for celebration.	Jigsaw: Dreams and Goals Personal Learning Goals Success Criteria Emotions in Success Making a Difference in the World Motivation Recognising Achievements Compliments I can explain different ways to work with others to help make the world a better place. I can explain what motivates me to make the world a better place.	Jigsaw: Healthy Me Taking Personal Responsibility How Substances Affect the Body Exploitation, Including 'County Lines' and Gang Culture Emotional and Mental Health Managing Stress I can explain when substances including alcohol are being used anti-socially or being misused and the impact this can have on an individual and others. I can identify and apply skills to keep myself emotionally healthy and to manage stress and pressure.	Jigsaw: Relationships Mental Health Identifying Mental Health Worries and Sources of Support Love and Loss Managing Feelings Power and Control Assertiveness Technology Safety Take Responsibility With Technology Use > I can identify when people may be experiencing feelings associated with loss and also recognise when people are trying to gain power or control. I can explain the feelings I might experience if I lose somebody special and when I need to stand up for myself and my friends in real or online situations. I can offer strategies to help me manage these feelings and situations	Jigsaw: Changing Me Self-Image Body Image Puberty and Feelings Conception To Birth Reflections About Change Physical Attraction Respect and Consent Boyfriends/Girlfriends Sexting Transition > I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born. > I recognise how I feel when I reflect on becoming a teenager and how I feel about the development and birth of a baby.
	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak	Stormbreak
	Global Neighbours History: Exploring how significance in History can be perceived in different ways for cultural reasons (Benin). PSHE: Exploring rights and responsibilities for others. RE: Exploring perspectives on creating a free and just world.	Global Neighbours Geography: Exploring climate variation in different parts of the world, and considering biodiversity in environments. PSHE: Exploring and celebrating difference amongst individuals.	Global Neighbours Art & Design: Exploring artwork as a tool to communicate political messages. Geography: Exploring natural resources around the world and the trade of these, including whether this trade is fair. RE: Exploring moments in life that are significant for people of different cultures and traditions. Science: Exploring the diversity of living things, the needs they have, and the variety of habitats in which they live.	Global Neighbours Design & Technology: Exploring food in different cultural traditions and the origins and seasonality of food. History: Exploring significant moments in British history where the rights and responsibilities of individuals have shifted.	Global Neighbours RE: Exploring perspectives on how and why the world should be cared for.	Global Neighbours Geography: Exploring sustainability at different levels - individual, local, regional, national and international. RE: Exploring different symbols that are important in different cultures and traditions.